

From: Vanessa Daether <vanessa@daether.ca>

Sent: Monday, July 31, 2023 10:50 AM

To: Legislative Services <legislativeservices@northcowichan.ca>

Cc: Shannon Waters <Shannon.Waters@islandhealth.ca>

Subject: Our Health, Our Community Survey - Media Kit & Launch Event (August 2)

Hi Trish,

I am following up on the [Our Health, Our Community](#) (OHOC) survey presentation our team (Dr. Waters cc'd here) made to the Municipality of North Cowichan's Mayor and Council on December 7, 2022. At this presentation, we asked if North Cowichan would help promote the survey (to staff and the community) once live to which the Mayor and Council agreed.

We are excited to share that this health and wellness survey for the Cowichan Valley is live and can be completed by any community member 18 years or older: www.ourhealthourcommunity.ca

To promote the survey, you will find our downloadable media kit on the OCCHN website (posters, flyer, web graphics, social graphics): <https://www.ourcchn.ca/survey>

The survey will be open until September 19, 2023. If you require printed copies of the poster or flyer, please let me know how many copies you require and the best time to drop those off. If you need me to email you the media kit instead, let me know, and I will send you a zip file. Additionally, Island Health will manage our social media campaign. If you want to re-post/share any of the OHOC survey information Island Health posts, look for their handle across Facebook, Instagram, and Twitter: @VanIslandHealth

Lastly, to learn more about this project, we will host a **free launch event** for community partners on **August 2 from 11am-1pm** at the **Cowichan Community Centre** (James St. Studio) in Duncan. Please let the Mayor and Council know they are welcome to stop by at their leisure to learn about the survey, meet our team, celebrate this project milestone, and enjoy a light lunch on us!

If you have any questions about the survey or its promotions, please feel free to reach out. If not, on behalf of the survey's planning team, I want to thank the Municipality of North Cowichan for supporting the OHOC survey. The launch of this survey is an incredible community effort, and we are elated to have such strong support.

All the best,

Vanessa Daether (she/her)

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I acknowledge the territories of the Quw'utsun, Malahat, Ts'uubaa-asatx, Stz'uminus, Penelakut, Halalt, Lyackson, Ditidaht, and Pacheedaht Peoples, where I am grateful to live and work.

We respectfully acknowledge that we live, work, and play on the traditional territories of the Quw'utsun First Nation, which includes the Cowichan Tribes, the Halalt First Nation, the Lyackson First Nation, the Penelakut Tribe, and the Stz'uminus First Nation. The Municipality also sits on the traditional territory of the Snuneymuxw First Nation.

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