
From: Kevin Mills [REDACTED] **FIPPA s. 22(1)**
Sent: Tuesday, September 12, 2023 6:07 PM
To: Council <council@northcowichan.ca>
Subject: Pedaling Possibilities Across Canada

Hi there,

I hope this email finds you well. My name is Kevin Mills, and I am a C6 quadriplegic who has spent his summer hand-cycling across Canada! I set out to establish, record and share an accessible route across Canada, and share my personal experience while doing so. We are raising money to help fund activity-based therapy programs for those who live with a disability and are looking to get more active or improve their quality of life. I hope that through this endeavour I can inspire others with a disability to get back into a sport or possibly do something as crazy as biking across Canada!

I am doing this trip with my good friend Nikki Davenport, who is my osteopath and neuro-recovery trainer and who is also riding alongside me. As well as, Candice Wyns who is my personal support worker. The three of us have been living out of a motor home since May 24th, when we started our adventure in Cape Spear Newfoundland, and it will be coming to an end very soon on September 30th in Victoria, BC at the Breakwater Lighthouse.

As we bike towards the finish line we will be passing through your town on September 29th. We would really appreciate it if you would share our journey with your team, and through your media outlets to help get our story out.

You can learn more at www.pedalingpossibilities.ca, as well as get daily updates through our Facebook page (Pedaling Possibilities) or Instagram (@pedalingpossibilities).

Thank you for helping make this trip **possible**.

Kevin Mills