

**GRANT APPLICATION**

(PLEASE PRINT)

Name of Organization	Take a Hike Youth Mental Health Foundation
Address of Organization	#301 – 470 Granville St, Vancouver BC V6C 1V5
Full Mailing Address	#301 – 470 Granville St, Vancouver BC V6C 1V5
Telephone Number & Email	FIPPA s. 22(1) jwilliams@takeahikefoundation.org
Contact Person/Title	Jaydeen Williams, Manager of Philanthropy

**Primary purpose of organization:** Please see attached document.

**Category under which greatest portion of services fall:**

Social Service  Sports  Cultural  Economic Development  Other \_\_\_\_\_

**Services available to all members of community:**  Yes  No

If *no*, please list criteria for receiving your service: Our program is available to vulnerable youth aged 15-18 in the SD 79 catchment area

**Total Number of people that used your service within the Municipality last year:** 16

**Approximate number of your clients that reside in North Cowichan:** 16

*(Please note that North Cowichan includes the communities of Chemainus, Crofton, Maple Bay, and the Duncan area north of the Cowichan River, and outside the one square mile Duncan core.)*

**Amount of grant requested:** 2500

**Describe how the grant will be used:** *(e.g. special projects, operations, maintenance, etc.)*

Please see attached document.

In order to be considered for a Municipal grant, please ensure that you enclose the following: **most recent financial statement and the proposed operating budget.**

**Other Information:** Have you obtained a previous grant from the Municipality?  Yes  No

Have you applied to another local government for funding?  Yes  No

If yes, please list: We received \$1,500 from the Municipality in 2023 and applied for \$2,500 from the City of Duncan this year (awaiting decision).

**Applicant's signature:** FIPPA s. 22(1) **Date:** October 15, 2025

**In order to be eligible for consideration for a 2026 grant-in-aid, this application and all requested supporting materials must be received no later than October 15th, 2025.**

**Please submit in person at 7030 Trans Canada Hwy or email to [finance@northcowichan.ca](mailto:finance@northcowichan.ca)**

Print Form



## Take a Hike Foundation – 2025 Municipality of North Cowichan Grant-in-Aid Program Description Attachment

### Take a Hike – Primary Purpose

Take a Hike Foundation is a leader in providing early intervention and prevention mental health support in partnership with public school districts in BC. Our mission is to empower vulnerable youth with the skills and resilience they need to graduate from high school, build healthy relationships, and achieve success— however they define it. We do this by engaging youth in a full-time mental health and well-being program that incorporates intentional and continuous clinical counselling and outdoor land-based learning in a safe and caring community.

We partner with public school districts because school connectedness is a major determinant of youth mental health, and school is where youth are more open to receiving mental health supports compared to external clinics. This reduces the stigma of asking for help and empowers youth to improve their well-being, academic success, and capacity to choose their own way along the path of life.

We know that early intervention and prevention are key factors in reducing the impacts of long-term unmanaged mental health challenges, and this is where Take a Hike makes a difference. By addressing the critical need for youth mental health supports through an accessible and equitable program, Take a Hike provides youth with a safe environment where they can develop and learn invaluable skills that will allow them to navigate the challenges of adolescence and adulthood.

Overall, Take a Hike (TAH) bridges the gap between education and mental health care—ensuring vulnerable youth don't have to choose between getting help and staying in school. This is why Take a Hike works and has seen success in the past 25 years—youth learn social and emotional skills, build resiliency, and improve their mental health, all of which help them prepare for their future careers, navigate the challenges of early adulthood, and achieve long-term improvements.

### Take a Hike Cowichan Program Description

Take a Hike Cowichan is free of cost for youth and delivered full-time in the classroom throughout the school year, with open access to counselling throughout the summer. Our distinctive approach integrates clinical therapy supports while immersing youth in outdoor activities to learn self-empowerment and build capacity to succeed.

TAH Cowichan is based at the Cowichan Valley Open Learning Co-op and has the capacity to serve up to 20 youth annually. The program is delivered by a core interdisciplinary staff that spends every day with youth, including a full-time Mental Health Clinician (MHC), a Teacher, and a Youth Worker. This program model creates a unique environment for youth to engage in four key program pillars:

- **Clinical Counselling:** A full-time, embedded mental health clinician helps youth build social and emotional skills and improve mental health and well-being. For many, our program is their first encounter with therapy.
- **Land-based Learning:** Youth spend one day outside the classroom each week, with opportunities to participate in multi-day wilderness trips throughout the year.
- **Community Involvement:** Youth build connections in their local communities and gain work experience through regular volunteering. In parallel, local volunteers mentor youth in the program.
- **Academics:** Youth can complete all classes required for their high school diploma through individual education plans, and through cross-curricular learning.



## PROGRAM YOUTH

TAH serves youth who often face complexity, trauma, and instability in their lives. We also know that youth at TAH typically represent underserved populations and are more likely than their peers across BC to experience mental health concerns, face difficult family dynamics, housing insecurity and poverty, skip classes, and not graduate or go on to post-secondary. Many TAH youth have also experienced three or more Adverse Childhood Experiences (ACEs), including but not limited to neglect, abuse, or household conflict such as substance use or domestic violence, which can increase the risk of physical and mental illness later in life. These social, mental, and psychological risk factors act as obstacles to their success, and TAH works to provide them with an environment where they can build resilience and transform their lives.

**Funding from the Municipality of North Cowichan will directly support up to 20 youth in the Cowichan program by providing them with the vital mental health and educational supports they need to overcome barriers to success and navigate the challenges of adolescence and adulthood.**

## Funding Request

Thanks to long-standing support from a community of dedicated donors, TAH has a strong foundation on which to build upon and scale our program, however, with the surging demands for more youth mental health support, the need for programs like TAH remains high. **A grant of \$2,500 from the Municipality of North Cowichan would go toward outdoor land-based learning (LBL) costs in our Cowichan program.**

These costs include repair and replacement of outdoor gear and equipment for up to 20 youth, such as boots, tents, backpacks, and jackets, so they can participate in weekly outdoor trips and a multi-day wilderness expedition. These are essential items for Take a Hike youth and allows them to participate in the program without any barriers that may stem from financial difficulties, since outdoor gear can be costly and hinder youth from engaging in sports and recreation. These items also make sure that youth can experience outdoor activities in a safe, comfortable, and inclusive manner (ex. boots ensure that youth can safely hike through various terrains; tents provide them with shelter and protection during camping trips; and jackets and base layers guarantee that youth not only have protective gear during excursions but also the comfort and confidence of having proper apparel).

Some examples of outdoor opportunities that funding will facilitate for youth throughout the year include hiking at Mt. Finlayson, Heart Lake Trail, and Holland Creek; canoeing at Masons Beach Park; climbing at The Bloc Bouldering; and cross-country skiing and tubing at Mt. Washington.

**Youth in Take a Hike spend on average, over 400 hours outdoors throughout the year engaging in a variety of land-based learning activities where they access local parks, trails, and recreational amenities, investing in and developing connections with the community around them.**

## FUNDING IMPACT

Since 2000, Take a Hike has supported over a thousand youth and their families to achieve deep change – change that lasts for their lifetimes. By providing critical early intervention and preventative mental health supports, TAH has an immediate positive impact on youth health and wellness. This change often creates a ripple effect through families, friends, and caregivers that also positively impacts overall community wellness, safety, and connectedness. Youth improve their mental health, community engagement (through volunteering activities like beach cleanups), and academic success, which leads to increased graduation rates and post-secondary enrollments.

Last year, 97% of youth reported having learned skills to effectively care for their mental health; 96% reported feelings of being cared for by adults in the classroom; 97% reported that sharing that time spent on the land



helped improve their mental health; and 96% of youth reported learning skills and knowledge to be successful in the workplace.

The deep transformation experienced by each individual is a direct result of the intentional, evidence-based program Take a Hike delivers. This investment in each youth leads to ripple effects that extend to communities and society at large. Graduates rely less on medical support services and problematic substance use. They stay clear of criminal behaviour. They're far less likely to experience homelessness. These ripple effects have even been quantified by the accountancy and professional services company PwC: for every dollar invested in a Take a Hike youth, they generate \$5.60 to \$13.40 in social return to their communities. **Based on this, funding of \$2,500 from the Municipality of North Cowichan could generate at least \$14,000 and up to \$33,500 in social value for the community, highlighting the far-reaching impacts of our programs.**

Every trip offers more than just time outdoors. It gives youth space to grow, reflect, and discover what they are truly capable of when surrounded by a supportive community. At Take a Hike, consistent and individualized wraparound supports allow youth to learn new skills and develop healthy trusting relationships that encourage them to believe in their full potential. This is demonstrated by Rowan, a Take a Hike alum, and their journey:

*"There was a time when school felt completely out of reach. One semester, I only made it to class seven times. Seven. That's how disconnected I was, from learning, from people, from any kind of future I could picture for myself.*

*It wasn't because I didn't care. It was because life hit hard and kept hitting. I was in a new city, grieving, unsure of where I belonged—or if I belonged anywhere at all. I didn't trust anyone. I was angry, exhausted, and just trying to get through the day.*

*When I first joined Take a Hike, I didn't want to be there either. I hated the hikes. Hated being outside. Hated the idea of working as a team. I pushed everyone away, like I always had. But over time, things started to shift. It wasn't some big moment. Just small, steady steps.*

*I began to realize that people weren't giving up on me, not even when I gave them every reason to. And slowly, I started to show up. First on the trails, then in the classroom. The hikes that once felt impossible became something I could handle. Then something I could choose. One day, I found myself asking for a harder hike.*

*Over time, the way I approached hiking began to reflect how I was learning to show up in the rest of my life.*

*Once I started moving forward, I didn't stop. I set a goal to push myself academically, and I stuck to it. I caught up fast. I've also now been at the same school for a year and a half, which is the most stability I've had since Grade 2. And that kind of consistency? It made a huge difference. It gave me space to focus, to feel grounded, and to start imagining something more. I started stepping into leadership roles. I tested out a college-level English course, and I loved it.*

*Now, I'm in Grade 12 and I've been accepted into college. From barely making it to school to preparing for post-secondary—that's a pretty big climb.*

*As someone who once couldn't imagine finishing high school, I now have a vision for my future. I've chosen a career path where I can show up for others in my community, just like people showed up for me. I want to support families who might be going through the same struggles I faced, because I know how much that support can mean.*

*This isn't just a story about getting through school. It's about becoming the kind of person who not only shows up for themselves, but for others too.*

***And for the first time, I'm excited to see what's next."***



**2025-26 - TAKE A HIKE FOUNDATION BUDGET**  
 FY July 1, 2025 - June 30, 2026

Expenses	Operating Budget	Cowichan Program
<b>Direct program</b>		
Salary & Benefits	\$ 2,605,987	\$ 162,874
Land-based Learning Gear and Equipment	\$ 56,000	\$ 2,735
Land-based Learning Outdays	\$ 62,200	\$ 4,150
Land-based Learning Multi-day Expeditions	\$ 123,000	\$ 8,000
Transportation Vehicle Maintenance & Gas	\$ 38,333	\$ 3,833
Transportation Insurance	\$ 15,750	\$ 1,425
Transportation	\$ 63,050	\$ -
Meal Program	\$ 30,400	\$ 1,015
Youth Engagement	\$ 24,400	\$ 1,525
IDEA and education fund	\$ 34,000	\$ 2,500
Professional Fees	\$ 28,000	\$ -
Mental Health Clinician Workstation	\$ 3,100	\$ 100
Alumni Program Costs	\$ 5,000	\$ -
<b>Program Leadership</b>		
Salary & Benefits - Current Programming	\$ 937,890	\$ 58,618
Salary & Benefits - Future Programming	\$ 198,347	\$ -
Expenses	\$ 447,782	\$ 27,986
<b>Total Program</b>	<b>\$ 4,673,239</b>	<b>\$ 274,761</b>
<b>Development &amp; Communications</b>		
Salary & Benefits	\$ 1,816,956	\$ 113,560
Expenses	\$ 339,414	\$ 21,213
<b>Total Dev &amp; Coms</b>	<b>\$ 2,156,370</b>	<b>\$ 134,773</b>
<b>Shared Services</b>		
Salary & Benefits	\$ 539,437	\$ 33,715
Expenses	\$ 188,456	\$ 11,779
<b>Total Shared Services</b>	<b>\$ 727,893</b>	<b>\$ 45,494</b>
Vacancy Savings	\$ 164,845	\$ 10,303
<b>Total Expenses</b>	<b>\$ 7,392,657</b>	<b>\$ 444,725</b>

**Anticipated Revenues**

Organization Name	Amount	Status
Municipality of North Cowichan - this request	\$ 2,500	Pending
City of Duncan	\$ 2,500	Pending
Coast Community Credit Union (CCCU)	\$ 1,250	Pending
First West Foundation	\$ 2,000	Confirmed
McAdams Foundation	\$ 2,500	Confirmed
Allan & Gill Gray Philanthropy	\$ 18,000	Confirmed
McCall MacBain Foundation	\$ 6,250	Confirmed
Peninsula Co-op	\$ 1,600	Confirmed
Peter Cundill Foundation	\$ 12,500	Confirmed
OpenRoad Foundation	\$ 1,600	Confirmed
Vancouver Foundation	\$ 6,000	Confirmed
Cowichan Valley Regional District	\$ 2,000	Pending
Rotary Club of Duncan	\$ 5,000	Pending
Individual donations	\$ 14,000	Confirmed
Other individual, corporate, and community donors	\$ 367,025	Pending
	<b>\$ 444,725</b>	

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**TAKE A HIKE YOUTH MENTAL HEALTH FOUNDATION**  
**FINANCIAL STATEMENTS**  
**FOR THE YEAR ENDED JUNE 30, 2024**

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## INDEPENDENT AUDITORS' REPORT

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To the Members of Take a Hike Youth Mental Health Foundation

### Report on the Audit of the Financial Statements

#### Qualified Opinion

We have audited the financial statements of Take a Hike Youth Mental Health Foundation (the "Foundation"), which comprise the statement of financial position as at June 30, 2024, and the statements of operations and changes in net assets and cash flows for the year then ended, and notes to the financial statements, including a summary of significant accounting policies.

In our opinion, except for the possible effects of the matter described in the *Basis for Qualified Opinion* section of our report, the accompanying financial statements present fairly, in all material respects, the financial position of the Foundation as at June 30, 2024, and the results of its operations and cash flows for the year then ended in accordance with Canadian accounting standards for not-for-profit organizations.

#### Basis for Qualified Opinion

In common with many charitable organizations, the Foundation derives revenue from donations, the completeness of which is not susceptible of satisfactory audit verification. Accordingly, our verification of these revenues was limited to the amounts recorded in the records of the Foundation and we were not able to determine whether any adjustments might be necessary to donation revenue, excess of revenues over expenses, and cash flows from operations for the years ended June 30, 2024 and 2023, total assets as at June 30, 2024 and 2023, and changes in net assets at the beginning and end of June 30, 2024 and 2023. Our audit opinion on the financial statements for the year ended June 30, 2023 was also modified accordingly because of the possible effects of this limitation of scope.

We conducted our audit in accordance with Canadian generally accepted auditing standards. Our responsibilities under those standards are further described in the *Auditors' Responsibilities for the Audit of the Financial Statements* section of our report. We are independent of the Foundation in accordance with ethical requirements that are relevant to our audit of the financial statements in Canada, and we have fulfilled our other ethical responsibilities in accordance with these requirements. We believe that the audit evidence we have obtained is sufficient and appropriate to provide a basis for our qualified audit opinion.

#### Responsibilities of Management and Those Charged with Governance for the Financial Statements

Management is responsible for the preparation and fair presentation of the financial statements in accordance with Canadian accounting standards for not-for-profit organizations, and for such internal control as management determines is necessary to enable the preparation of financial statements that are free from material misstatement, whether due to fraud or error.

In preparing the financial statements, management is responsible for assessing the Foundation's ability to continue as a going concern, disclosing, as applicable, matters related to going concern and using the going concern basis of accounting unless management either intends to liquidate the Foundation or to cease operations, or has no realistic alternative but to do so.

Those charged with governance are responsible for overseeing the Foundation's financial reporting process.

#### Auditors' Responsibilities for the Audit of the Financial Statements

Our objectives are to obtain reasonable assurance about whether the financial statements as a whole are free from material misstatement, whether due to fraud or error, and to issue an auditors' report that includes our opinion. Reasonable assurance is a high level of assurance, but is not a guarantee that an audit conducted in accordance with Canadian generally accepted auditing standards will always detect a material misstatement when it exists. Misstatements can arise from fraud or error and are considered material if, individually or in the aggregate, they could reasonably be expected to influence the economic decisions of users taken on the basis of these financial statements.

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## INDEPENDENT AUDITORS' REPORT

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As part of an audit in accordance with Canadian generally accepted auditing standards, we exercise professional judgment and maintain professional skepticism throughout the audit. We also:

- Identify and assess the risks of material misstatement of the financial statements, whether due to fraud or error, design and perform audit procedures responsive to those risks, and obtain audit evidence that is sufficient and appropriate to provide a basis for our opinion. The risk of not detecting a material misstatement resulting from fraud is higher than for one resulting from error, as fraud may involve collusion, forgery, intentional omissions, misrepresentations, or the override of internal control.
- Obtain an understanding of internal control relevant to the audit in order to design audit procedures that are appropriate in the circumstances, but not for the purpose of expressing an opinion on the effectiveness of the Foundation's internal control.
- Evaluate the appropriateness of accounting policies used and the reasonableness of accounting estimates and related disclosures made by management.
- Conclude on the appropriateness of management's use of the going concern basis of accounting and, based on the audit evidence obtained, whether a material uncertainty exists related to events or conditions that may cast significant doubt on the Foundation's ability to continue as a going concern. If we conclude that a material uncertainty exists, we are required to draw attention in our auditors' report to the related disclosures in the financial statements or, if such disclosures are inadequate, to modify our opinion. Our conclusions are based on the audit evidence obtained up to the date of our auditors' report. However, future events or conditions may cause the Foundation to cease to continue as a going concern.
- Evaluate the overall presentation, structure and content of the financial statements, including the disclosures, and whether the financial statements represent the underlying transactions and events in a manner that achieves fair presentation.

We communicate with those charged with governance regarding, among other matters, the planned scope and timing of the audit and significant audit findings, including any significant deficiencies in internal control that we identify during our audit.

### Report on Other Legal and Regulatory Requirements

As required by the British Columbia Societies Act, we report that, in our opinion, the accounting policies applied in preparing and presenting the financial statements in accordance with Canadian accounting standards for not-for-profit organizations have been applied on a basis consistent with that of the preceding year.

*Manning Elliott LLP*

Chartered Professional Accountants

Vancouver, British Columbia

October 23, 2024

**TAKE A HIKE YOUTH MENTAL HEALTH FOUNDATION**  
**STATEMENT OF FINANCIAL POSITION**  
**AS AT JUNE 30, 2024**

	2024	2023
<b>ASSETS</b>		
<b>CURRENT</b>		
Cash	\$ 2,003,668	\$ 2,178,681
Accounts receivable	70,200	-
GST receivable	24,430	36,255
Interest receivable	32,641	26,332
Prepaid expenses and other current assets	32,414	17,171
	<b>2,163,353</b>	2,258,439
<b>CAPITAL ASSETS (Note 3)</b>	<b>487,327</b>	434,362
	<b>\$ 2,650,680</b>	<b>\$ 2,692,801</b>
<b>LIABILITIES</b>		
<b>CURRENT</b>		
Accounts payable and accrued liabilities	\$ 214,408	\$ 99,493
Deferred contributions (Note 4)	863,032	1,187,205
	<b>1,077,440</b>	1,286,698
<b>DEFERRED CONTRIBUTIONS</b>		
RELATED TO CAPITAL ASSETS (Note 5)	<b>267,720</b>	334,650
	<b>1,345,160</b>	1,621,348
<b>COMMITMENT (Note 6)</b>		
<b>NET ASSETS</b>	<b>1,305,520</b>	1,071,453
	<b>\$ 2,650,680</b>	<b>\$ 2,692,801</b>

**Approved by the Board**

FIPPA s. 22(1)

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*Director*

FIPPA s. 22(1)

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*Director*

**TAKE A HIKE YOUTH MENTAL HEALTH FOUNDATION**  
**STATEMENT OF OPERATIONS AND CHANGES IN NET ASSETS**  
**FOR THE YEAR ENDED JUNE 30, 2024**

	2024	2023
<b>REVENUE</b>		
Donations	\$ 2,279,840	\$ 2,578,877
Federal government funding	2,133,478	1,079,938
Deferred contributions recognized (Note 4)	1,187,205	285,210
Interest	70,178	31,799
	<b>5,670,701</b>	<b>3,975,824</b>
<b>DIRECT PROGRAM EXPENSES</b>		
Program support (Note 7)	1,475,260	808,234
Clinical counselling	1,179,959	852,440
Expansion (Note 7)	412,481	363,406
Land-based learning	401,859	364,027
Student engagement and other	47,213	36,273
Total direct program expenses	<b>3,516,772</b>	<b>2,424,380</b>
<b>INDIRECT PROGRAM EXPENSES</b>		
Fund development (Note 7)	1,241,072	944,427
Administration (Note 7)	649,785	361,142
Total indirect program expenses	<b>1,890,857</b>	<b>1,305,569</b>
	<b>5,407,629</b>	<b>3,729,949</b>
<b>EXCESS OF REVENUE OVER EXPENSES FROM OPERATIONS</b>	<b>263,072</b>	<b>245,875</b>
<b>OTHER REVENUE (EXPENSES)</b>		
Amortization of deferred contributions related to capital assets (Note 5)	66,930	41,984
Gain (loss) on disposal of capital assets	6,617	(9,419)
Amortization of capital assets	(102,552)	(53,067)
	<b>(29,005)</b>	<b>(20,502)</b>
<b>EXCESS OF REVENUE OVER EXPENSES FOR THE YEAR</b>	<b>234,067</b>	<b>225,373</b>
<b>NET ASSETS, BEGINNING OF YEAR</b>	<b>1,071,453</b>	<b>846,080</b>
<b>NET ASSETS, END OF YEAR</b>	<b>\$ 1,305,520</b>	<b>\$ 1,071,453</b>

**TAKE A HIKE YOUTH MENTAL HEALTH FOUNDATION**  
**STATEMENT OF CASH FLOWS**  
**FOR THE YEAR ENDED JUNE 30, 2024**

	2024	2023
<b>OPERATING ACTIVITIES</b>		
Cash receipts from donors and government funding for operations	\$ 4,354,943	\$ 3,634,110
Cash paid to suppliers, employees and contractors	(5,307,958)	(3,717,141)
Interest received	63,870	5,467
	<b>(889,145)</b>	<b>(77,564)</b>
<b>INVESTING AND FINANCING ACTIVITIES</b>		
Receipt of deferred contributions from donors	863,032	1,187,205
Receipt of deferred contributions related to capital assets	-	128,201
Purchase of capital assets	(148,900)	(272,877)
	<b>714,132</b>	<b>1,042,529</b>
<b>(DECREASE) INCREASE IN CASH</b>	<b>(175,013)</b>	<b>964,965</b>
<b>CASH, BEGINNING OF YEAR</b>	<b>2,178,681</b>	<b>1,213,716</b>
<b>CASH, END OF YEAR</b>	<b>\$ 2,003,668</b>	<b>\$ 2,178,681</b>

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**TAKE A HIKE YOUTH MENTAL HEALTH FOUNDATION  
NOTES TO FINANCIAL STATEMENTS  
FOR THE YEAR ENDED JUNE 30, 2024**

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**PURPOSE OF THE FOUNDATION**

Take a Hike Youth Mental Health Foundation (the "Foundation"), was incorporated on October 5, 2000, under the Society Act of the Province of British Columbia, and subsequently transitioned to the British Columbia Societies Act. The Foundation is a registered charity under the Income Tax Act (Canada) and is accordingly exempt from income taxes (charity number: 89139 4611 RR 0001).

The purpose of the Foundation is to fund and deliver the full-time mental health and emotional well-being program it operates in partnership with thirteen school districts across British Columbia. The Foundation's 2024-2028 Strategic Plan calls for the Foundation to grow to 25 programs in the Lower Mainland, Vancouver Island, Thompson-Okanagan, Ontario's Golden Horseshoe and National Capital regions.

The Foundation empowers youth experiencing vulnerability to change the trajectory of their lives with a full-time mental health and emotional well-being program embedded in an alternate education classroom. The Foundation engages youth with intentional, continuous clinical counselling, outdoor experiential learning, and community. The public school district partners provide high quality education. Together the Foundation empower youth with the skills and resilience they need to graduate high school, build healthy relationships, and achieve success – however they define it.

The continued operation of the Foundation's programs is dependent on the contributions received from donors and requires the Foundation to make ongoing commitments to youth, school districts, staff members and communities. The Foundation's fundraising revenues are uncertain from year-to-year, while committed expenses are certain. It has set a goal of having cash reserves at least equal to five months of operating expenses.

**1. SUMMARY OF SIGNIFICANT ACCOUNTING POLICIES**

These financial statements have been prepared in accordance with Canadian accounting standards for not-for-profit organizations ("ASNPO") under Part III of the CPA Canada Handbook - Accounting. Financial statements prepared in accordance with ASNPO are also in accordance with Canadian generally accepted accounting principles ("GAAP"). These financial statements have, in management's opinion, been prepared within reasonable limits of materiality using the significant accounting policies noted below:

**(a) Financial instruments**

The Foundation's financial instruments consist of cash, accounts receivable, interest receivable and accounts payable. The Foundation initially measures all of its financial assets and liabilities at fair value. The Foundation subsequently measures all of its financial assets and liabilities at amortized cost.

Financial assets measured at amortized cost are tested for impairment when there are indicators of impairment. The amount of any write-down that is determined is recognized in the statement of operations. A previously recognized impairment loss may be reversed to the extent of any improvement, provided it is no greater than the amount that would have been reported at the date of the reversal had the impairment not been recognized previously. The amount of the reversal is recognized in the statement of operations in the period in which it is determined.

**(b) Cash**

Cash consists of cash on deposit and guaranteed investment certificates.

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**TAKE A HIKE YOUTH MENTAL HEALTH FOUNDATION**  
**NOTES TO FINANCIAL STATEMENTS**  
**FOR THE YEAR ENDED JUNE 30, 2024**

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1. SUMMARY OF SIGNIFICANT ACCOUNTING POLICIES (*continued*)

(c) Capital assets

Capital assets are recorded at historical cost and amortized over their estimated useful lives applying the following annual rates and methods:

Automobiles	20% declining balance method
Equipment	30% declining balance method
Leasehold improvements	5 years straight-line method

The Foundation's policy is to record a write-down of a capital asset's fair value or replacement cost when conditions indicate that a capital asset is impaired. Such conditions include when the capital asset no longer contributes to the Foundation's ability to provide goods and services or when the value of future economic benefits or service potential associated with the capital asset is less than its net carrying amount. Write-downs are recognized in the statement of operations and are not reversed.

(d) Revenue recognition

The Foundation follows the deferral method of accounting for contributions. Restricted contributions are recognized as revenue in the year in which the related expenses are incurred. Contributions restricted for the purchase of capital assets are amortized to revenue at the same rate as the related capital assets. Unrestricted contributions are recognized as revenue when received or receivable if the amount can be reasonably estimated and collection is reasonably assured.

The Foundation records contributed materials and services at their fair value when fair value is readily determinable and when the materials and services are used in the normal course of operations and would otherwise have been purchased. In accordance with this policy, the Foundation does not record the contributions of its partner school districts that are provided to operate the alternative education program at their respective district. Such contributions include providing the teacher and youth worker, classroom space and administrative support. During the year, the Foundation recognized contributed materials with a fair value of \$Nil (2023 - \$Nil) in the statement of operations.

(e) Allocation of expenses

The Foundation reports its expenses by function with each of the functions being allocated a portion of the Foundation's total salaries and benefits and overhead costs. The allocation of salaries and benefits is based on the relative amount of time the Foundation's employees work on each function. The allocation of overhead costs is based on each function's proportionate usage of the Foundation's office space. Details of the amounts allocated are disclosed in Note 7.

(f) Use of estimates

The preparation of the financial statements in conformity with ASNPO requires management to make estimates and assumptions about future events that affect the reported amounts of assets, liabilities, revenues and expenses as at the end of or during the reporting period. Management believes that the estimates used are reasonable and prudent, however, actual results could differ from those estimates. Significant areas requiring the use of management estimates relate to the valuation of accounts receivable, the determination of the useful lives of capital assets used for calculating amortization, measurement of deferred contributions and deferred contributions related to capital assets, and the amounts recorded as accrued liabilities.

**TAKE A HIKE YOUTH MENTAL HEALTH FOUNDATION**  
**NOTES TO FINANCIAL STATEMENTS**  
**FOR THE YEAR ENDED JUNE 30, 2024**

2. FINANCIAL INSTRUMENTS RISKS

The Foundation's financial instruments are described in Note 1(a). In management's opinion, the Foundation is not exposed to significant financial instruments risk except as outlined below. In addition, the Foundation is not exposed to any material concentrations of risk and there have been no significant changes in risk exposure from the prior year.

(a) Credit risk

Credit risk arises from the potential that a counter party will fail to perform its obligations. The Foundation is exposed to credit risk through its accounts receivables and interest receivable. The Foundation's management has determined that amounts due from funders, Canada Revenue Agency and others have low credit risk.

(b) Liquidity risk

Liquidity risk is the risk that an entity will encounter difficulty in meeting obligations associated with financial liabilities. The Foundation is exposed to this risk mainly in respect of its accounts payable. The Foundation mitigates this risk by maintaining sufficient cash reserves and monitoring timely collections of its donations.

(c) Market risk

Market risk is the risk that the fair value or future cash flows of a financial instrument will fluctuate because of changes in market prices. Market risk comprises three types of risk: currency risk, interest rate risk, and other price risk.

(d) Currency risk

Currency risk arises from fluctuations of foreign exchange rates and the degree of volatility of these rates. The Foundation is not exposed to currency risk as all of its financial instruments are denominated in Canadian dollars.

(e) Interest rate risk

Interest rate risk is the risk that the fair value or future cash flows of a financial instrument will fluctuate because of changes in interest rates. The Foundation is not exposed to interest rate risk.

(f) Other price risk

Other price risk is the risk that the fair value or future cash flows of a financial instrument will fluctuate because of changes in market prices (other than those arising from currency risk or interest rate risk), whether those changes are caused by factors specific to the individual financial instrument or its issuer, or factors affecting all similar financial instruments traded in the market. The Foundation is not exposed to other price risk.

3. CAPITAL ASSETS

	Cost	Accumulated amortization	2024 Net book value	2023 Net book value
Automobiles	\$ 640,256	\$ 294,049	\$ 346,207	\$ 432,758
Equipment	16,263	16,263	-	1,604
Leasehold improvements	156,800	15,680	141,120	-
	\$ 813,319	\$ 325,992	\$ 487,327	\$ 434,362

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4. DEFERRED CONTRIBUTIONS

Deferred contributions represent donations which have certain use restrictions set by the donors. As at June 30, 2024, the use restrictions relate to the use of funds for the following fiscal year.

The continuity of deferred contributions received and recognized during the year is as follows:

	2024	2023
Opening balance	\$ 1,187,205	\$ 285,210
Contributions received during the year	863,032	1,187,205
Contributions recognized during the year	(1,187,205)	(285,210)
	<b>863,032</b>	<b>1,187,205</b>

The current portion of deferred contributions is anticipated by management to be spent within the following fiscal year.

5. DEFERRED CONTRIBUTIONS RELATED TO CAPITAL ASSETS

	2024	2023
Opening balance	\$ 334,650	\$ 248,433
Contributions received during the year	-	128,201
Contributions recognized as revenue during the year	(66,930)	(41,984)
	<b>\$ 267,720</b>	<b>\$ 334,650</b>

6. COMMITMENT

The Foundation entered into a lease agreement commencing on December 1, 2023 for the expansion of its office premises with an expiration date of November 30, 2028. Minimum payments including basic rent and occupancy costs over the next four years are anticipated to be as follows:

2025	\$ 148,184
2026	150,788
2027	152,173
2028	154,112
	<u>\$ 605,257</u>

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7. ALLOCATION OF EXPENSES

Pursuant to the policy described in Note 1(e), the Foundation's administration expenditures which have been allocated to other programs are as follows:

	Program Support	Fund Development	Expansion	Administration
Overhead costs	\$ 87,335	\$ 81,230	\$ 42,694	\$ (211,259)
Salaries and benefits	78,621	128,913	233,567	(441,101)
	\$ 165,956	\$ 210,143	\$ 276,261	\$ (652,360)

8. BRITISH COLUMBIA SOCIETIES ACT

In accordance with the British Columbia Societies Act, the Foundation is required to provide the remuneration paid to directors and to provide the total number of employees and/or contractors, including corporations, whose annual remuneration is greater than \$75,000.

During the year ended June 30, 2024, the Foundation's employees included 25 staff members who were remunerated greater than \$75,000 per annum, for a total of \$2,535,960 (2023 - 13 staff members for a total of \$1,426,343). During fiscal 2024 and 2023, no directors were compensated.